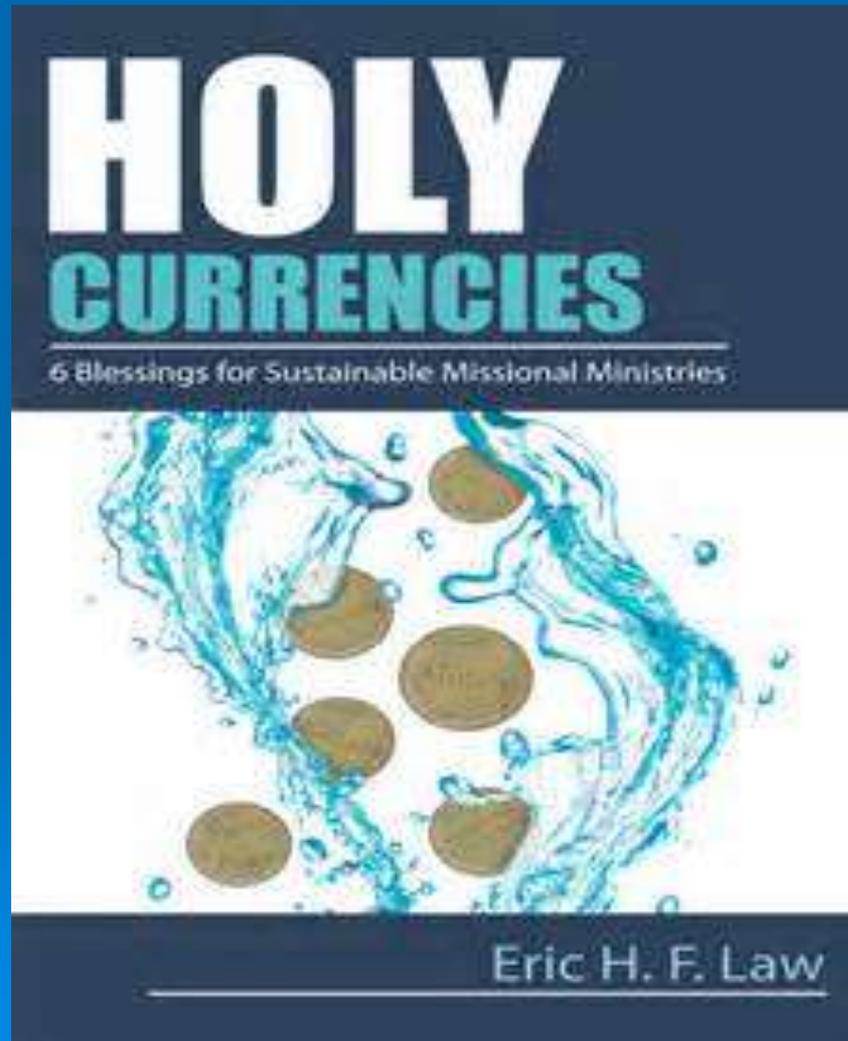


# Divine Motion: Wellness



Where did Pastor Leo learn  
this concept?



# A Definition of *Holy Currency*

- exalted or worthy of complete devotion as one perfect in goodness and righteousness.
- Divine “Lord our God is *holy* —  
Psalms 99:9
- circulation as a medium of exchange
- general use, acceptance, or prevalence

# Holy Currency Divine Motion





# Week One: Time and Place

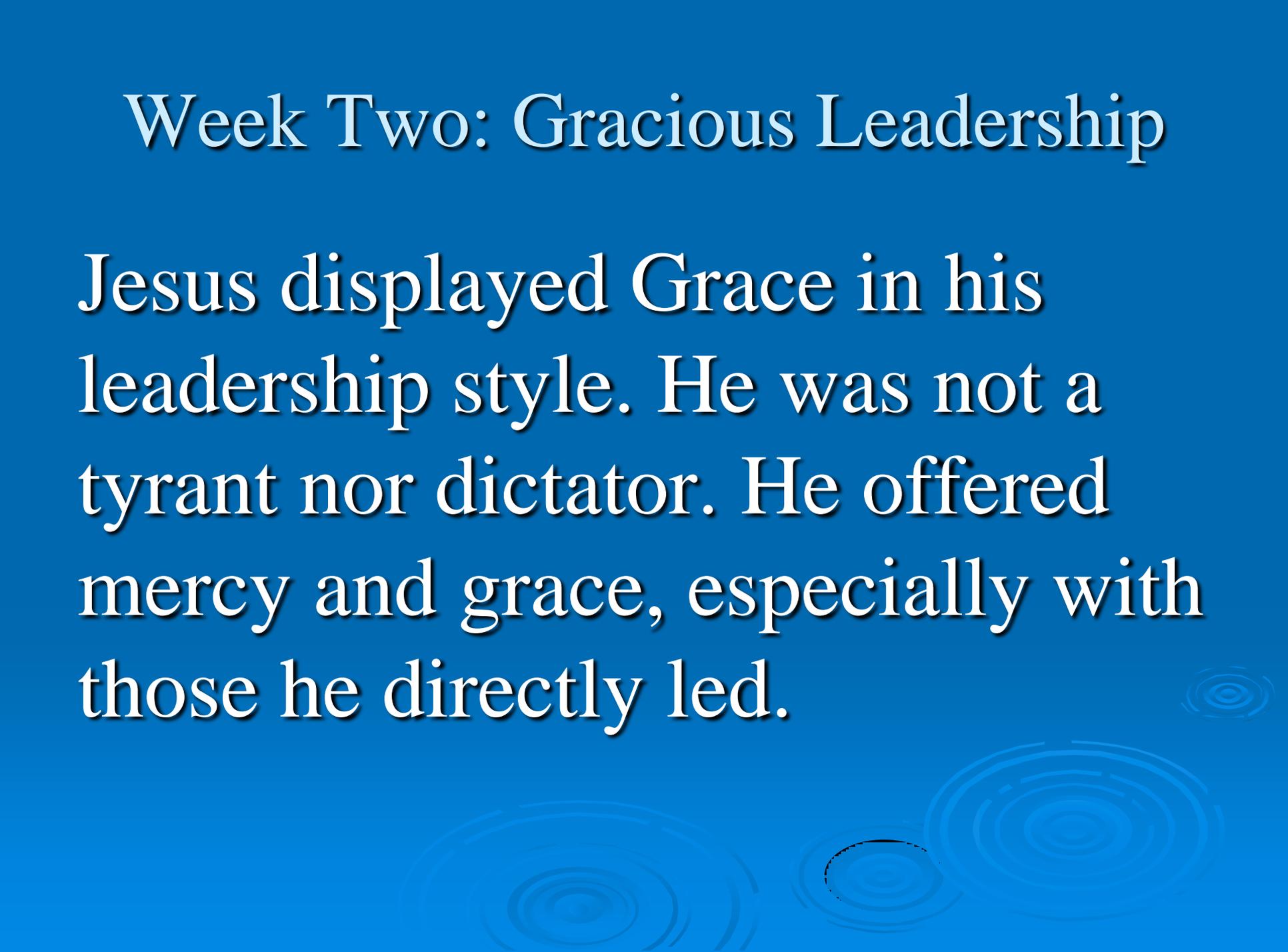
Jesus invested Time and Place in people.

Where are you creating Time and Place for Jesus in your life?

Where are you creating Time and Place for other people in your life?

## Week Two: Gracious Leadership

Jesus displayed Grace in his leadership style. He was not a tyrant nor dictator. He offered mercy and grace, especially with those he directly led.



# Currency of Gracious Leadership

Who do you influence in your life?

What kind of LEADER are you?

Are you leading with graciousness?

Who is having an influence on your life?

What kind of LEADER are they?

Are they leading with graciousness?

# Week Three: Relationships

Jesus had a three relationship degree network

God and You (1<sup>st</sup> Degree)

You and Your Closest (2<sup>nd</sup> Degree)

You and The World (3<sup>rd</sup> Degree)

# One Currency Rate

50 participants and each one has 5 POI.

$$50 \times 5 = 250 \text{ (First Degree)}$$

250 friends and each one has 5 POI.

$$250 \times 5 = 1500 \text{ (Second Degree)}$$

1500 friends and each one has 5 POI.

$$1500 \times 5 = 7,500 \text{ (Third Degree)}$$

# Currency of Truth: Jesus

How much time do you spend with Jesus?

How much space do you give to Jesus?

Why does Jesus, a gracious leader, influence you?

What is your relationship with Jesus?

How does Jesus bring truth into your life?

# Currency of Truth: Influencers

How much time do you spend with \_\_\_\_\_?

How much space do you give with \_\_\_\_\_?

Is \_\_\_\_\_ a gracious leader who influences?

What is your relationship with \_\_\_\_\_?

How does \_\_\_\_\_ bring truth into your life?

# Using Your Time “Well”

Psalm 90:4

For a thousand years in your sight  
are like yesterday when it is past,  
or like a watch in the night.

The background of the slide is a solid blue color. In the lower right quadrant, there are several decorative elements consisting of concentric circles, resembling ripples in water or a target. These circles are rendered in a lighter shade of blue and are arranged in a way that suggests movement or depth.

# Using Your Time “Well”

2 Peter 3:8

But do not ignore this one fact, beloved, that with the Lord one day is like a thousand years, and a thousand years are like one day.

The background of the slide features several concentric, light blue circular ripples that resemble water droplets hitting a surface. These ripples are scattered across the bottom half of the slide, with some overlapping.

# Currency of Wellness

- Deut 5:12-15, Exod 23:10-11, Deut 15:1-2, Lev, 25:8-12, Mark 2:23-28

# Sabbath Day



# Deuteronomy 5:12-13

<sup>12</sup> Observe the sabbath day and keep it holy, as the LORD your God commanded you. <sup>13</sup> Six days you shall labor and do all your work.

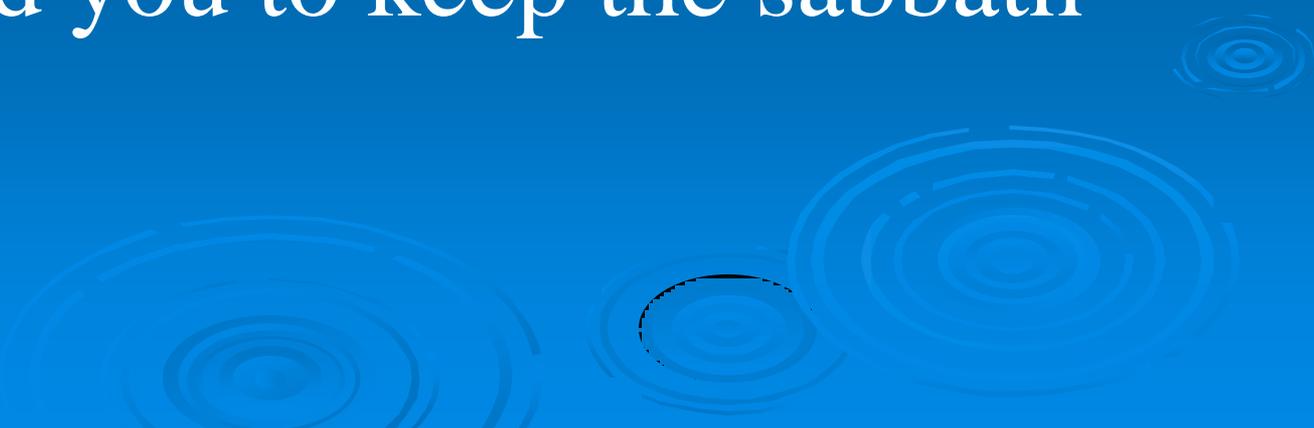


# Deuteronomy 5:14

<sup>14</sup> But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you.

## Deuteronomy 5:15

<sup>15</sup> Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.



# Jubilee Year



# Exodus 23:10-11

<sup>10</sup> For six years you shall sow your land and gather in its yield; <sup>11</sup> but the seventh year you shall let it rest and lie fallow, so that the poor of your people may eat; and what they leave the wild animals may eat. You shall do the same with your vineyard, and with your olive orchard.

# Deuteronomy 15:1-2

Every seventh year you shall grant a remission of debts. <sup>2</sup> And this is the manner of the remission: every creditor shall remit the claim that is held against a neighbor, not exacting it of a neighbor who is a member of the community, because the LORD's remission has been proclaimed.

# Leviticus 25:8-9

<sup>8</sup> You shall count off seven weeks of years, seven times seven years, so that the period of seven weeks of years gives forty-nine years. <sup>9</sup> Then you shall have the trumpet sounded loud; on the tenth day of the seventh month—on the day of atonement—you shall have the trumpet sounded throughout all your land.

# Leviticus 25:10-11

<sup>10</sup> And you shall hallow the fiftieth year and you shall proclaim liberty throughout the land to all its inhabitants. It shall be a jubilee for you: you shall return, every one of you, to your property and every one of you to your family. <sup>11</sup> That fiftieth year shall be a jubilee for you: you shall not sow, or reap the aftergrowth, or harvest the unpruned vines.

## Leviticus 25:12

<sup>12</sup> For it is a jubilee; it shall be holy to you: you shall eat only what the field itself produces.

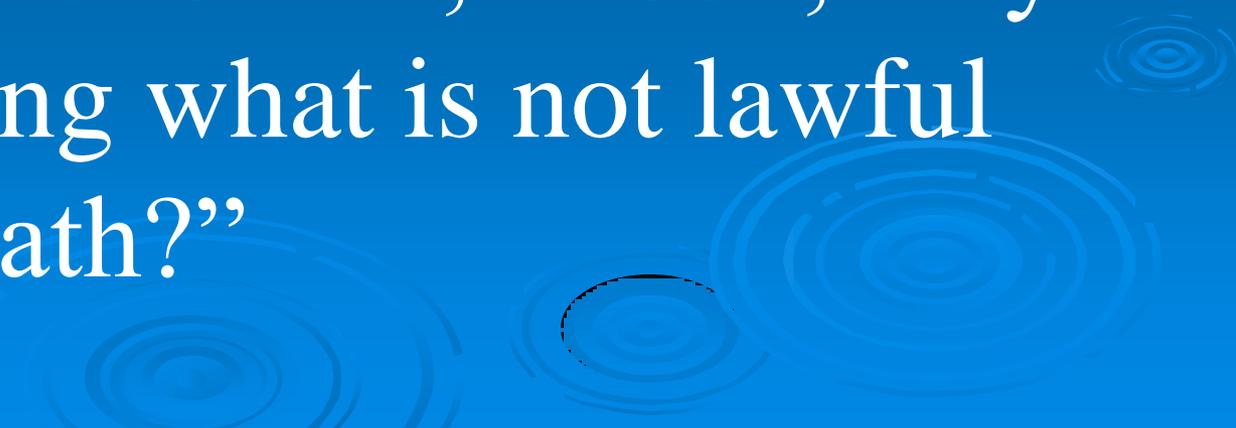
The bottom of the slide features a decorative graphic of several concentric circles, resembling ripples in water, rendered in a lighter shade of blue against the dark blue background.

# Jesus and The Sabbath



## Mark 2:23-24

<sup>23</sup> One Sabbath he was going through the grain fields; and as they made their way his disciples began to pluck heads of grain. <sup>24</sup> The Pharisees said to him, “Look, why are they doing what is not lawful on the Sabbath?”



## Mark 2:25-26

<sup>25</sup> And he said to them, “Have you never read what David did when he and his companions were hungry and in need of food? <sup>26</sup> He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.”

## Mark 2:27-28

<sup>27</sup> Then he said to them, “The Sabbath was made for humankind, and not humankind for the Sabbath; <sup>28</sup> so the Son of Man is lord even of the Sabbath.”



Jesus wants and needs us Well.

➤ When Jesus speaks truth into a situation there is an opportunity of Wellness.

➤ God wants us to be Well.

➤ God wants the land to be Well.

➤ Jesus wants us to be Well.

➤ Jesus needs us to be Well.

# Jesus Wants and Needs Us Well.

➤ If we are honest, how WELL are we using:

- Our Time and Space
- Our Power of Influence
- Our Relationships
- Our Truthfulness

# Sabbath

Who was the Sabbath created for?

Who needs the Sabbath?

What is the benefit of the Sabbath?

How are we honoring God in our Sabbath?

How are we keeping God in our Sabbath?



# Sabbath

How are making time and space for  
God in our Wellness and Sabbath?

How are we using our influence to  
promote and support Wellness and  
Sabbath?

How are we using our relationships in  
our Wellness and Sabbath?

How can we be true to our Wellness  
and Sabbath?

# Truthful Wellness Assessment

How well are you?

How well are we?

How well is our faith community?

If we are not well, if we are not resting what can we do about it?

How can we address it?





# Currency of Money

But that is next week's message



Amen.

